metro

PHILADELPHIA NO. 1 FREE DAILY IN THE US

Wednesday, February 14, 2018 metro.us | t: MetroPhilly | f: MetroPhilly

MetrOxOx

Whether you're single, off the market or somewhere in between, Valentine's Day is a sweet time to appreciate love, romance, and let's face it — sex.

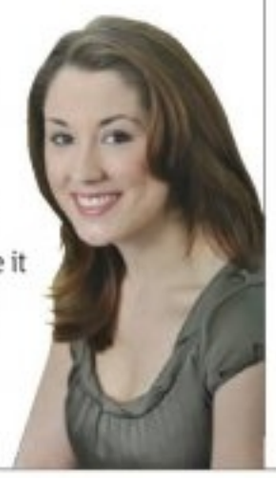
ILLUSTRATION BY AGATA NOWICKA

7 'Match' stats on Philly dating. 5

The 100-year history of the Valentine's Day card. 8

Still haven't made a dinner reservation? We've got you covered. 16

WELCOME TO METRO PHILLY



MORGAN ROUSSEAU, MANAGING EDITOR

Love isn't always fair, but like it or not, it's in the air. Maybe today's a day of roses and chocolates and champagne-fueled sex. Or maybe not, and that's OK. No longer does being single evoke clichéd images of microwavable dinners and sobbing in the shower. Read on for ways to enjoy Valentine's Day, be it at home or while painting the town red (and pink). Visit **metro.us** for more stories on sex and dating all year round.

ISRAELI PM NETANYAHU COULD FACE CHARGES

Israeli police on Tuesday recommended indicting Prime Minister Benjamin Netanyahu for bribery in two criminal investigations but the Israeli leader, calling the allegations baseless, vowed to remain in office. Now deep in a cloud of uncertainty over his political future, the right-wing leader will await a final decision by Israel's attorney-general on whether he will face charges, a process that could take weeks or even months. The recommendations, which police made public on Tuesday night, were at the more serious end of the range of charges that had been expected to be leveled against Netanyahu, now in his fourth term. The investigations have gone on for more than a year. One of the cases, known as Case 1000, alleges the "committing of crimes of bribery, fraud and breach of trust by the prime minister, Mr. Benjamin Netanyahu."

FBI'S WRAY CONTRADICTS WHITE HOUSE ON PORTER

2 FBI Director Christopher Wray on Tuesday contradicted the White House version of events surrounding the background check for a former top aide accused of domestic abuse by two ex-wives, triggering more disarray around the controversy. Wray, in testimony on Capitol Hill, said the agency in late July completed a background check for security clearance for former White House staff secretary Rob Porter, who resigned a week ago amid allegations of abuse from two former wives. Wray's comments conflict with the White House assertion that the FBI and intelligence agencies had not completed investigations into Porter. Porter had been operating under a temporary clearance that gave him access to some sensitive information without a final security clearance.

5 THINGS YOU NEED TO KNOW
LUNAR NEW YEAR 2018
3 Chinese artists perform on Tuesday in a cultural program to celebrate the coming Chinese Lunar New Year and Spring Festival, which will be held on Friday.
GETTY IMAGES

SECOND JUDGE BLOCKS TRUMP ON ENDING DACA

4 A second U.S. judge on Tuesday blocked President Donald Trump's decision to end a program that protects immigrants brought to the U.S. illegally as children from deportation. District Judge Nicholas Garaufis in Brooklyn ruled that the Deferred Action for Childhood Arrivals program, or DACA, cannot end in March as the Republican administration had planned, a victory for Democratic state attorneys general and immigrants who sued the federal government. The decision is similar to a Jan. 9 ruling by U.S. District Judge William Alsup in San Francisco that DACA must remain in place while litigation challenging Trump's decision continues. The legal battle over DACA complicates a debate currently underway in Congress on whether to change the nation's immigration laws.

INTEL CHIEF: RUSSIA WILL INTERFERE IN ELECTION

5 Leaders of U.S. intelligence agencies warned on Tuesday that Russia will try to interfere in the 2018 U.S. midterm election by using social media to spread propaganda and misleading reports, much as it did in the 2016 campaign. Director of National Intelligence Dan Coats told a congressional committee that Russia and other foreign entities were likely to attack U.S. and European elections this year and beyond, adding that Moscow believes similar efforts successfully undermined U.S. democracy two years ago. Coats, a former senator appointed by President Donald Trump as Washington's top intelligence official, said he had already seen evidence Russia was targeting U.S. elections in November. "Frankly, the United States is under attack," Coats said at the Senate Intelligence Committee's annual hearing on worldwide threats.

Easing the journey to parenthood for same-sex couples

WRITTEN BY
Amy Smith

Starting a family isn't always a straight and narrow path. For many, the road to parenthood is filled with twists and turns. But conceiving and carrying a healthy pregnancy to term is just one side of the coin for same-sex couples.

"One thing they absolutely want, as we all do, is to be viewed just like any other couple," says Dr. Ben Gocial, an infertility specialist at Main Line Fertility. "They don't want to be seen as different or receive anything but the respect they deserve."

Dr. Gocial and his team hold this value dear and strive to make each and every patient feel welcomed, cared for and accepted for who they are—regardless of their sexuality. The same goes for members of the transgender community who dream of starting a family. But not all fertility clinics are as forward-thinking.

"I've heard horror stories from same-sex couples who felt judged and shamed at other clinics. It's horrible, and there's simply no excuse for it," says Dr. Gocial. "I can tell you that no one takes as warm an approach as our practice. We lead with cutting-edge science, but there's always an undercurrent of warmth, kindness and compassion."

Dr. Gocial has been helping couples have children for over three decades. Whether you're in a same-sex relationship or you're a heterosexual couple, the main objective is always the same—to achieve a healthy pregnancy as soon as possible. This comes down to optimizing every cycle to increase the odds of success. While some patients encounter more hurdles than others, Dr. Gocial believes that this certainly doesn't have to be the norm for everyone.

"I don't want to waste the patient's time so that they're spending month after month trying to conceive," he says. "I'm also not going to order a whole bunch of unnecessary tests, simply to turn a profit. I promise each and every patient that what I want more than anything is for them to achieve a pregnancy as soon as possible."

While some fertility specialists only have experience with infertile couples who've had no luck conceiving, Dr. Gocial understands the specific challenges that same-sex couples face. He begins by zeroing in on the patient's age, menstrual pattern, previous history attempting to conceive, any preexisting medical disorders and so on. From there, he creates an individualized treatment plan that's tailored to each patient.

Main Line Fertility has a variety of fertility treatments at its disposal for same-sex couples. Donor egg and gestational carrier services are available for male couples. Meanwhile, women can go with a sperm donor with or without intrauterine insemination (IUI). This translates to the ability to conceive, carry and deliver a child that's biologically your own. Again, it's always about helping couples become parents as swiftly as possible, without wasting their time or money.

"Our office is a relatively small and cozy space," adds Dr. Gocial. "They're not going to get lost in the shuffle here."

Main Line Fertility currently has four active locations in Paoli, West Chester, Center City Philadelphia, and Bryn Mawr and together we are able to offer the most sophisticated and advanced fertility treatments available including IVF, and all variations of genetic testing.

To learn more, visit www.mainlinefertility.com or call 215-398-1733.

Philadelphia's regulations governing the licensing of private social clubs have allowed so-called sex clubs to flourish. RODRIGO LIZARRAGA FOR NSFW

Valentine's Day is wild at Philadelphia's underground 'sex clubs'

Philadelphia has a strong underground sex club scene, and Valentine's Day draws some of the biggest crowds all year.

SAM NEWHOUSE
sam.newhouse@metro.us

On Valentine's Day, most couples will be getting romantic with a traditional date, holding hands, exchanging flowers and chocolates, maybe dinner and a movie.

But kinkier Philadelphians will be donning leather and going out to their favorite sex clubs for a slightly less vanilla experience, ranging from "open-minded" partying, to sexual education events and straight-up group sex/swingers' parties.

Pleasure Garden Club in Southwest Philly is holding its annual Valentine's Day party on Saturday night.

"Yes, we have a Valentine's holiday party," Kati, a bartender at the club since 2005, told Metro.

Pleasure Garden's "Hard Candy Valentine's Ball" will be held on Saturday night.

"If you are looking to mix and mingle with lots of sexy, friendly and fun couples and singles from all over in a sexually charged atmosphere, whether to just hang out, socialize and dance with like-minded people or if you're into watching, being watched or simply enjoy the company of another sexy couple/couples or even if you are interested in being that extra single play partner or adding one or more partners to the mix, at PGC your wildest sexual fantasies could come true," the club said on its website.

Meanwhile, over at Saints and Sinners, a 6,000-square-foot club in Northeast Philly, the party starts at 9 p.m. on Valentine's Day. Single women get in free, couples are $40 and single males must pay $60 to get in.

"Our second level is an ultra-lounge area. … This is a sexy seating area lined with sofas for you to be able to make connections with other members," the club's Facebook page said.

Philadelphia's regulations governing the licensing of private social clubs have allowed so-called sex clubs to flourish, sometimes even in quiet Philly neighborhoods unbeknownst to their neighbors. (Saints and Sinners' proposed second location in Holmesburg was blocked in the zoning process after neighbors caught wind of the idea.)

While Philly bars close at 2 a.m., social clubs can stay open later. But the rules are different: They can only allow in "members" and don't necessarily have to have a liquor license. (Saints and Sinners is BYOB and only sells drink mixers.) While guests are permitted to have sex, it's not a guaranteed event.

IF YOU GO:

ALL CLUBS HAVE COVER FEES, DRESS CODES AND ENTRY IS NOT GUARANTEED. VISIT THEIR WEBSITES OR CALL FOR MORE INFORMATION.

- **PLEASURE GARDEN CLUB**
  6039 Passyunk Ave., thepleasuregardenclub.net, 215-724-6090
- **SAINTS & SINNERS**
  2533 Emery St., saintsandsinnersac.com, 215-203-8060

Severe Injury · Cerebral Palsy
Cancer · Medical Mistakes

- Brain Injury
- Doctor Mistakes
- Paralysis
- Obstetrical Mistakes
- Amputations
- Wrongful Death

Speak with a Harvard and Yale trained Doctor-Lawyer

Over $100 million recovered as co-counsel

Former Assistant Professor at Harvard Medical School

Former Attending Doctor at Harvard Teaching Hospitals

Named one of Rising Stars & Super Lawyers by publisher of Philadelphia Magazine

Member of the Multi-Million Dollar Advocates Forum

www.tymdjd.com

Law Offices of Tai Y. Wong

215-592-9750

Free initial consultation. No Recovery-No Fees.

1101 Market Street, Aramark Tower, Suite 2820, Philadelphia, PA 19107

Looking for love this Valentine's Day? This is what Philadelphia daters really want

From a clean bathroom to crossing political party lines for love, this is what Match.com's "Singles in America" survey found out about Philly daters this year. ISTOCK

We all know Philadelphia is the "City of Brotherly Love," but add in the fact that today is Valentine's Day, and you have yourself a lot of amore. Which is great and all if you're attached, but if you're single, today is just another day you're navigating the often treacherous and confusing waters of dating.

If you're wondering why you might not have found The One or The One for Right Now, we have some inside info about Philly daters from Match.com's eighth annual "Singles in America" survey.

For this year's poll, the relationship site surveyed more than 5,000 non-members from ages 18 to 70-plus on everything from appropriate first-date behavior and intimacy to, yes, even politics. NIKKI M. MASCALI

Seven Philly-centric stats from Match's 'Singles in America'

♥ **Date night in:** *83 percent of singles love listening to music when staying in with a date, followed by binge-watching a TV show (82 percent) and watching a drama film (80 percent).*

♥ **About your tech:** *80 percent of women are turned off by someone who doesn't have internet or steals it from a neighbor. But 56 percent find it a turn-on if you're sporting a smartwatch or have Alexa.*

♥ **Cleanliness = sexiness:** *91 percent of singles find clean bathrooms a turn-on, and 87 percent find nice sheets swoon-worthy.*

♥ **Sex? Yes, please:** *85 percent of singles say enthusiasm is the No. 1 key to good sex, while 82 percent want a good kisser and 81 percent prefer a caring partner.*

♥ **Hold off on that "like":** *Just 22 percent of singles think it's OK to like a photo or post on social media before the first date.*

♥ **Flatter him:** *87 percent of Philly men want to be complimented on the first date.*

♥ **Love trumps politics:** *75 percent of Philly singles would date across party lines.*

LTS - Poconos' Leading Home Builder
Free Stainless Steel Appliances!*
T1160619
T1634880
Offering the best locations, quality, and service. Build with the best!
Visit today! 800-587-5432
MODELS OPEN DAILY
• Vacation and Primary Homes
• Beautiful Locations in the Poconos and Lehigh Valley
• Best Value - Lowest Cost of Ownership
• Home designs starting in the $220s
LTS HOMES
EXCEEDING EXPECTATIONS™
P463655
P463656
www.LTSHOMES.com
Certain LTS communities consist of properties that are bound by a Homeowners Association, offered through a PA Offering Statement. This ad is not intended as an offer to residents in states where properties are not registered. This offer may be withdrawn at any time. *With purchase of a new LTS Home.
Text Any CODES To 85377 For Instant Viewing On Your Mobile Phone

"I'm stealing it!" an apparently intoxicated Eagles fan caught on tape holding a traffic light shouts in new video released by police. PPD

PPD seeking Super Bowl vandals who were caught on camera

Police are still seeking Eagles fans who were caught on camera vandalizing Center City after the Super Bowl.

SAM NEWHOUSE
sam.newhouse@metro.us

The Philadelphia Police Department is holding true to its vow to bust the small percentage of Eagles fans celebrating the Super Bowl who chose to create mayhem.

"I'm stealing it!" shouts one apparently intoxicated blonde woman holding a ripped-out traffic light, who is now sought by police. The incident was caught on newly released video, and police said it shows one of several instances of blatant vandalism near Market and Juniper streets on Feb. 4.

Another video shows a man wearing a Torrey Smith No. 82 Eagles jersey and holding a countdown walk sign, smiling to the camera as he says, "We're gonna tear this city apart!"

More video, also released Tuesday by police, showed fans carrying traffic poles and ripping down a Center City District map during post-Super Bowl celebrations on Feb. 4 after the Eagles bested the Patriots, 41-33.

Suspects are also sought for standing on and seriously damaging a car during the Eagles' Feb. 8 Super Bowl parade.

The car, a 1985 white Chevrolet Corvette, was left parked at Pennsylvania Avenue and Judson Street across the block from Eakins Oval.

"When she returned, she noticed her vehicle had extensive body damage to the hood and roof area," a police report stated. "Video and photographs later surfaced showing numerous people standing and jumping on top of the complainant's vehicle."

As the police department stated last week after arresting eight men allegedly involved in post-Super Bowl crimes, "We will continue to arrest individuals who committed crimes after the big game. If you were involved — turn yourself in now. If you think you might 'get away with it' — you will not."

INFRASTRUCTURE

Trump asks Democrats to negotiate on infrastructure plan

President Donald Trump urged congressional Democrats on Tuesday to make a deal to modernize the country's infrastructure after his plan received critical reviews as lacking enough federal funding.

"I actually think that we can go bipartisan on infrastructure," Trump said. "We put in our bid. Come back with a proposal. We have a lot of people that are great Republicans that want something to happen. We have to rebuild our country."

The White House wants to use $200 billion in federal funding to encourage $1.5 trillion in improvements over 10 years by relying on state and local governments and the private sector. It also wants to eliminate environmental hurdles and sell off federal assets.

Democratic Sen. Ed Markey said the plan "expects cash-strapped states to drive most of the progress on 1/8th of a tank of gas. We need $1 trillion in direct federal spending to rebuild our infrastructure."

Transportation Secretary Elaine Chao said the plan would "empower decisionmaking at the state and the local level, because state and local officials know best the infrastructure needs of their communities."

REUTERS

USA VEIN CLINICS™

HEALTHY VEINS
Bring Your Life Back

SAY GOODBYE TO
- Varicose Veins
- Spider Veins
- Itching & Burning
- Leg Pain & Cramps
- Heaviness & Swelling
- Skin Discoloration
- Leg Ulcers
- Blood Clots
- Difficulty Standing

Call Today! (215) 809-1335

I have spent too long trying to limit time on my feet. I forgot how wonderful it is just to take a walk.

- Non-Surgical Outpatient Procedure
- Usually Takes Only 15 Minutes
- Covered By **Medicare, Most Insurance Plans**, and **Medicaid**

USA VEIN CLINICS™
www.USAVeinClinics.com

8352 Bustleton Ave.
Philadelphia, PA 19152

ACCREDITED FACILITY
IAC INTERSOCIETAL ACCREDITATION COMMISSION
VASCULAR TESTING

Pennsylvania court set to redraw voting maps after governor's veto

Pennsylvania Gov. Tom Wolf has rejected Republican plans on redrawing Congressional districts. GETTY IMAGES

Pennsylvania's top court was set to lay out new congressional voting districts for the state after Democratic Gov. Tom Wolf on Tuesday rejected a version drawn by Republican legislative leaders as unfairly skewed in their party's favor.

In a 5-2 party-line vote, the Pennsylvania Supreme Court's Democratic majority last month invalidated the existing map as an unconstitutional gerrymander, ruling that Republican lawmakers marginalized Democratic voters to win more seats in the U.S. House of Representatives.

A new map is expected to boost Democrats' chances of winning several Pennsylvania seats in November's midterm elections, when they need 24 nationwide to take control of the House from Republicans. Republicans hold 13 of 18 congressional seats in the closely contested swing state.

Legal battles are playing out in several U.S. states over partisan gerrymandering, the process by which district lines are manipulated to favor one party over another. Pennsylvania has long been seen as one of the worst offenders, with one of its more oddly shaped districts nicknamed "Goofy Kicking Donald Duck."

"The analysis by my team shows that, like the 2011 map, the map submitted to my office by Republican leaders is still a gerrymander," Wolf said in a statement. "Their map clearly seeks to benefit one political party, which is the essence of why the court found the current map to be unconstitutional," Wolf said in a statement.

Absent an agreement between Wolf and the Republican-controlled legislature, the court plans to draw new lines itself by Monday, with help from an independent redistricting expert. Both sides can submit proposed maps for consideration by Thursday.

Republican state legislative leaders called Wolf's pronouncements "absurd" in a letter to the governor.

"This entire exercise, while cloaked in 'litigation,' is and has been nothing more than the ultimate partisan gerrymander," wrote House Speaker Mike Turzai and Senate President Pro Tempore Joe Scarnati.

Republicans have also threatened a federal lawsuit challenging the court's mapmaking authority. The U.S. Supreme Court last week rejected Republicans' appeal of the state court's ruling.

Any new map would likely result in incumbents, candidates and thousands of voters suddenly living in new districts, ahead of May's primary elections.

Wolf's office retained Moon Duchin, a Tufts University mathematician, to analyze the Republican proposal. In a statement, Duchin said she calculated there was a 1-in-1,000 chance that a map drafted to comply with the court's order would result in such a large advantage for Republicans.

"The proposed Joint Submission Plan is extremely, and unnecessarily, partisan," she said.

REUTERS

> ***"Their map clearly seeks to benefit one political party, which is the essence of why the court found the current map to be unconstitutional."***
>
> Gov. Tom Wolf

The Law Office of
Christopher L. GIDDINGS, P.C.
Personal Injury Attorneys

Our office is like a family, and serving our clients is our mission!

24 Years of Success
Fighting to WIN

• Personal Injury • Medical Malpractice
• Auto/Train/Bus/Pedestrian Accidents
• Slip & Fall • Elder Care Negligence
• Worker's Compensation • Wrongful Death

Conveniently located in Center City, Philadelphia / Serving PA & NJ

Call 24/7 to Schedule a FREE Consultation
215-243-3450
www.ChrisGiddingsLaw.com

Here's how the Valentine's Day card industry got its start

Before Hallmark, Esther Howard pioneered the prefab romance-missive industry in the U.S.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

Long before Valentine's Day could be called a "Hallmark holiday," the romance-card industry got its start in Worcester, Massachusetts, thanks to one woman.

Esther Howland is considered the pioneer of the American Valentine's Day card industry. In the 1800s, she fashioned fancy paper and lace valentines by hand, sparking a business that would boom in the central Massachusetts city.

"The lore is that she was a Mount Holyoke graduate when she received an [English] Valentine," said Bill Wallace, a historian and executive director at the Worcester Historical Museum. "Her father is a stationer, so here's something she can do — she likes the design and concept, and her father has access to the materials."

Howland started assembling Valentines around the late 1840s (she graduated in 1848) and sold her cards at her father's stationery store. Her designs were so popular that her business blossomed — experts believe it grossed more than $100,000 a year.

Howland created her ornate Valentines through an assembly-line system in which one worker would lay down a background, the next would add the lace, another adding a decal, someone else added a poem or verse on top, and so on.

This meant no two ever really looked alike. Her Valentines were cherished, experts say, for their uniqueness and her innovative designs.

But eventually there was competition. A man named Jotham Taft had started assembling Valentines in Grafton, Massachusetts, and Howland ended up partnering with his son, Edward, in 1879 to create the New England Valentine Co.

In 1863, George and Edward Whitney began making Valentines at their family stationery store, forming the Whitney Valentine Company. With these businesses, Worcester was home to a huge volume of valentine production. Whitney eventually bought out the New England Valentine Co.

Howland valentines had distinct, unique designs featuring lace overlaying different colors. COLLECTION OF WORCESTER HISTORICAL MUSEUM

Original Howland and Whitney cards can be seen at the Worcester Historical Museum. Wallace said around this time every year, people flock there to celebrate.

"We didn't invent the Valentine," Wallace said, "but the Valentine industry is something that impacts all of us at some point — we all receive a Valentine. … It's that creative spirit, it's that individuality of expression and it's a holiday everybody loves."

The LOVE sculpture makes its triumphant return

After two years, LOVE has come home to Philadelphia.

The LOVE sculpture was ceremoniously paraded down the Ben Franklin Parkway Tuesday morning before being reinstalled at LOVE Park, just in time for Valentine's Day.

It was removed from the park in February 2016 and transferred to nearby Dilworth Park for a year, until it was removed for restorations.

During this restoration, the blue color inside the letters, added by mistake two decades ago, was finally corrected to a purple hue. The color correction brings Philly's LOVE sculpture, which is made of aluminum and weighs 830 pounds, back to the "original intent" of sculptor Robert Indiana, now 89.

Philly's sculpture is one of the original set of six that sculptor Indiana created in 1976 for the US Bicentennial. He loaned it to Philly, and it was later purchased by citizen F. Eugene Dixon, who donated it to the city.

"It's the only one of that size from that year in purple in the world," said Margot Berg, public art director for the city's Office of Arts and Culture. "People of all demographics appreciate it, the simple, single word: love."

The LOVE sculpture was returned to LOVE Park. ALL PHOTOS SAM NEWHOUSE

The restoration was performed by Materials Conservation, LLC and Iron Studio, Inc.

SAM NEWHOUSE

Senior Citizens and Military 15% Discount!

ARTIE CLEAR
ROOFING AND DRYWALL

WINTER SPECIAL ON
HEATERS, ROOFING, AND WINDOWS
25% SAVINGS
NO PAYMENTS UP TO 6 MONTHS!!!

NO JOB TOO BIG OR TOO SMALL!!!!!!!!
WE DO ROOFING, DRYWALL,
HEATERS (Gas or Electric), AND MORE.
FREE ESTIMATES-100% FINANCING AVAILABLE!
EVERYBODY GET'S APPROVED!
ARTIE CLEAR FROM EAGLES REPORT CARD AND FOX
CALL ARTIE TODAY AT
609-335-0207 or 215-444-6844
FOR YOUR FREE ESTIMATE.

GREATER PHILADELPHIA
WEIGHTLOSS

• Physician Supervised Weight Loss
• Diet Medications
• Diet Shots
• Nutritional Counseling
• Proven Results

Call Today
For An Appointment
or
For More Information
215-559-1878
greaterphillyweightloss.com

SOUTHWEST
LEADERSHIP ACADEMY
CHARTER SCHOOL

IS EXPANDING THROUGHOUT
SOUTHWEST PHILADELPHIA!

We are accepting applications for Kindergarten through 8th Grade for the 2018-2019 school year.
• Tuition- free • Preparing students to become future leaders
• Dual-gender environment with single-gender classrooms
• Ranking among the highest area schools in test scores

TO ENROLL YOUR CHILD
visit www.slacs-phila.org or call 215-729-1939

President Trump has moved to prevent food-stamp recipients from purchasing fresh fruits and vegetables. GETTY IMAGES

Trump budget cuts fruits and vegetables from food-stamp program

Instead, recipients would be mailed a box of processed foods. But it's unclear how that would work or how much it would cost.

MICHAEL MARTIN
letters@metro.us

President Donald Trump's 2019 budget request would prevent food-stamp recipients from using the program to purchase fresh fruits and vegetables, requiring them to receive a box of processed foods instead.

White House Office of Management and Budget head Mick Mulvaney called the proposal a "Blue Apron-type program," referencing the boxed-meal-kit company that lost $130 million in the second half of 2017.

Under the current Supplemental Nutrition Assistance Program (SNAP), low-income recipients can spend their benefits on certain grocery items, including almost anything in the fresh produce and meat sections. Mulvaney's proposal would replace that with "America's Harvest Box," a mailed package of "100 percent U.S. grown and produced food," with an emphasis on preserved items such as shelf-stable milk, peanut butter, canned meats and fruit and cereal, Politico reported.

The U.S. Department of Agriculture says the program would save $129 billion over 10 years. But that math has been called into question, largely because the USDA admits it hasn't estimated the not-inconsiderable shipping costs. "The projected savings does not include shipping door-to-door for all recipients," Murtaugh said.

"The proposal was so out of left field that some anti-hunger advocates initially thought it was a joke," reports Politico, adding that Kevin Concannon, who oversaw SNAP during the Obama administration, was "aghast" when he saw the proposal.

"Holy mackerel," said Concannon, who compared it to an era when poor people had to line up and wait for food and welfare benefits to be distributed. "I don't know where this came from, but I suspect that the folks when they were drawing it up were also watching silent movies." The nonprofit Food Research and Action Center called the box proposal "a Rube-Goldberg designed system" that would be "costly, inefficient, stigmatizing, and prone to failure."

> ***"The proposal was so out of left field that some anti-hunger advocates initially thought it was a joke."***
>
> Politico

The Food Marketing Institute — which represents major grocery chains — joined the firing squad, saying that government-packed food boxes would be expensive and unravel an efficient program that had been refined over decades. Jennifer Hatcher, the FMI's chief public policy officer, said that grocers, the USDA and Congress had worked for years to "achieve a national system, utilizing existing commercial infrastructure and technology to achieve the greatest efficiency, availability and lowest cost."

Patrick is a real patient.
Active and fit, the former two-sport NCAA athlete and veteran broke his neck in a diving accident. Fortunately, he was taken to Jefferson Health, where our specialists used traction and a halo brace to align his broken bones – allowing him to heal. Without surgery, Patrick's back in action.

That's freedom restored.

**BROKEN NECK FIXED.
TRAINING RESTORED.**

Jefferson Health®

ORTHOPEDICS

PHILADELPHIA • MONTGOMERY COUNTY • BUCKS COUNTY • SOUTH JERSEY

- Personalized approach
- Advanced surgical techniques
- Ranked #4 in the nation by *U.S.News & World Report* – Rothman Institute at Thomas Jefferson University Hospitals

1-800-JEFF-NOW | JeffersonHealth.org/Restored

HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Japanese athlete is first to be kicked out of Pyeongchang for banned substance

Kei Saito trains for his speed skating event. GETTY IMAGES

Kei Saito, a Japanese short track speed skater, was suspended Tuesday after failing an out-of-competition doping test he took upon arriving in Pyeongchang.

According to a press release issued by the Court of Arbitration for Sport (CAS), the 21-year-old college senior, who was scheduled to compete in the men's 5,000-meter relay qualifier today, tested positive for the banned substance acetazolamide.

Acetazolamide is a diuretic, or "water pill" consumed to reduce altitude sickness, but diuretics can be used to mask performance-enhancing substances. It, as well as diuretics in general, is included on the World Anti-Doping Agency's list of prohibited substances.

According to CAS, Saito "accepted on a voluntary basis to be provisionally suspended and to leave Olympic Village."

This ban, resulting from the test Saito took on Feb. 4, is reportedly the first doping case for Japan — which will host the 2020 Summer Olympics — at a Winter Games.

"I am extremely shocked by the test results that have come back," Saito said in a statement, according to Kyodo News. "I have never considered doping. I have never used anabolic steroids so I have never needed to try to hide it. I have no motive to use this substance nor do I have anything to gain by using this substance."

Saito went on to say that acetazolamide could have only entered his system if he "took it unknowingly and [it] happened by accident."

"... I plan to fight to prove my innocence,"

"I am extremely shocked by the test results that have come back. I have never considered doping. I have never used anabolic steroids, so I have never needed to try to hide it. I have no motive to use this substance nor do I have anything to gain by using this substance."

Kei Saito

Saito, who was a member of Japan's 2013 World Junior Championships bronze medal 3,000-meter relay team, continued. "But right now, I do not want to be a disturbance to my team competing at the Olympic Games, so I have decided to accept the provisional suspension and will leave the team and the athletes' village voluntarily."

CAS said final decisions may be appealed only after the Winter Games come to a conclusion. And Yasuo Saito, vice president of the Japanese Olympic Committee, said the organization would "offer him full support through this."

"We want to make it clear we have not admitted to a violation," the VP said. "I want to stress the 'provisional' part of this decision."

Tsutomu Kawasaki, Japan's short track coach, said the suspended Olympian "showed a lot of promise at a young age and has been educated on doping." He too is shocked.

In addition to being kicked out of Olympic Village, Saito is suspended from any future International Skating Union (ISU) competition, "pending the resolution of this matter."

The International Olympic Committee (IOC) banned Russia from the Pyeongchang Games after a massive doping scandal during the Sochi Games. However, 169 Russian athletes have been allowed to compete — reportedly after a series of intense screenings — under the title Olympic Athlete from Russia or "OAR."

No results from the PyeongChang Games have been affected by Saito's suspension, and according to the Olympic site, the men's Japanese 5,000-meter relay team has qualified for Final B (to determine placement) on Feb. 22. Relay teams competing in Final A (for medals) are Korea, Hungary, China and Canada.

SAM BRODSKY

CANCER
MEDICAL
MALPRACTICE
BIRTH/PREGNANCY
INJURIES/DEATHS

Delayed/failure to diagnose cancers, medical/nursing/hospital mistakes/negligence, /birth/cerebral palsy/pregnancy injuries/ amputations/paralysis/paraplegia/vaginal/pelvic/abdominal/ surgical mesh complications/anesthesia/heart attack /stroke injuries/complications/ deaths/all suspicious deaths, etc. Cases Reviewed with Expert Physicians, including Ivy league trained expert physicians.

Evaluations by Attorney named top 1% of attorneys nationwide-National Assoc. of Distinguished Counsel, America's Top 100 Attorneys-Pennsylvania, many times as one of PA's best medical malpractice/personal injury attorneys with selections as a PA Super Lawyer, legal commentator, board member of PA's and Philly's largest trial lawyers organizations, life-time member of Million Dollar Advocates Forum, and former adjunct. Prof of Law.

Millions of Dollars Recovered for Injured Clients

CALL **215-567-0493**
or email now for Free Consultations

EMMANUEL LAW FIRM, LLC
Two Penn Center, 1500 JFK Blvd. www.emmanuellawfirm.com
No Recovery-No fee/Free Consultations • Home/Hospital Visits

Daniela Vega shines as the grieving Marina in the Oscar-nominated film. SONY PICTURES CLASSIC

'A Fantastic Woman' is dangerous in all the right ways

Director Sebastian Lelio on the inspiration behind the critically acclaimed transgender drama.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

In hindsight, Sebastian Lelio had absolutely nothing to worry about. Not only has "A Fantastic Woman" been met with critical acclaim but it has been an awards season darling, notching up numerous nominations — including a Best Foreign Language Film nomination at the 90th Academy Awards.

The film tells the story of transgender singer Marina (played by an astounding Daniela Vega) who is unable to grieve the death of her older lover Orlando, due to the increasing interference of his family. But because of the divisive nature of "A Fantastic Woman," co-writer and director Sebastian Lelio feared the worst.

"At the very beginning I thought they were going to destroy it," Lelio says over the phone. "[But] everywhere we have been, it's been received with great love and warmth and it has been an escalating process. We feel very lucky."

Long before this positive response, though, Lelio had prepared himself for a fight. In fact, that was one of the main reasons he was interested in the film.

"After 'Gloria,' my previous film, I felt like I had an open territory in front of me," he says. "And I wanted it to be problematic. I wanted to get myself into new problems.

"My co-writer and I started to play around with the idea of what happens when the person you love dies in your arms," he continues. That's the worst place for that person to die. Especially if, for some reason, you are the unwanted one."

From there, an idea popped up: what if this tragedy happened to a transgender woman?

"That was a milestone in the process," he says. "It sounded exciting and beautiful and sad and difficult and full of traps. It was dangerous. Morally dangerous, aesthetically dangerous. These were all good signs."

From there, Lelio was confronted by what he calls, "the casting problem." But he soon realized it wouldn't feel right to cast anyone other than a transgender actress.

After using Daniela Vega as a cultural ambassador during the development and writing of "A Fantastic Woman," it didn't take long for Lelio to realize just how perfect she would be as Marina. Or how much depth she would add.

"I knew, if we succeeded, the beauty of what she would bring to the film," he says. "She would move it into a different direction... Daniela's body and eyes and skin carry something that is very difficult for a cis-gender actor to bring. The camera knows that. I really wanted that layer of complexity."

Lelio was also interested in exploring women on the fringes of society, as he's done in his previous work, "Disobedience" and the aforementioned "Gloria." "They are women that wouldn't deserve a film, so to say," he explains. "Even though you would be a secondary character in another film, you are going to be a central character here. It is going to be an exaltation and an emanation of you.

"There is this element that is really moving to me about this operation," he says. "It just thrills and touches me."

GETTY

As for the timeliness of "A Fantastic Woman" — its release coincides with an increased discussion about the chances in Hollywood for LGBTQ actors — it's taken the director by surprise.

"That's not anything I could calculate," he says. "When we were writing, the transgender subject hadn't exploded in popular culture. It did explode when we were shooting — that's when I saw the first magazine covers in Time magazine and there was piece in the National Geographic about the shifting landscape of sexuality.

"Suddenly everyone was talking about it. To me it was always an urgent film, but suddenly it became clear that it was urgent."

He continues, "There is space for the spectator to see whatever they want to see projected onto Marina. In order for that effect to work, we needed to create an enigmatic character. [And she] is the perfect container for the viewer's fears, desires and projections."

"A Fantastic Woman" is out Friday, Feb. 16.

Treat yourself with these *romantic* TV episodes

If you're planning on spending Valentine's Day on your couch, you're in luck.

RACHAEL VAUGHAN CLEMMONS
rachael.clemmons@metro.us

Valentine's Day is nice and all, but maybe you're on a one-way train to Spinster Town, USA. Maybe you don't feel like sharing a day that was basically invented by the greeting-card industry with some person you may or may not care about. Maybe you're single and the thought of mingling makes you queasy.

Whatever the reason, if you need a way to spend your Valentine's Day solo, don't fret! When in doubt, sup on a meal-for-one whilst binge watching television. Here are some of our favorite episodes to get you in the mood — from the Valentine's Day-themed, to the ones that are simply romantic as hell. We give you permission to feel every single feel.

"Parks and Recreation," Galentine's Day *(Netflix)*

This episode is a classic for a reason — instead of romance, it focuses on the loving relationships between friends. It has all the best parts of a "Parks and Rec" episode: lots of love, Leslie doing the most and Ann being beautiful but ultimately seeming not integral to the plot. It's perfect.

"True Blood," I Wish I Was The Moon *(HBO)*

Memory-loss, Abercrombie-wearing Eric Northman is a very entertaining Eric Northman. In this episode, sexy frenemy Sookie Stackhouse becomes his sexy lover — it's "True Blood" at its best. In fact, it's so good, you could almost forgive Alan Ball for, well, the entirety of season three.

Every single episode of "Poldark" *(PBS)*

Not much happens in "Poldark," a Masterpiece drama that's mostly about the costs of family honor and running literal mines. But there is a lot of longing, and the first season has enough shirtless scything and scenery porn, courtesy of beautiful Cornwall, to make up for it. Also, Aidan Turner is very attractive, which helps.

"30 Rock," St. Valentine's Day *(Hulu)*

When Liz Lemon accidentally asks out hot Dr. Drew, shenanigans ensue. Everything that can go wrong, does. Salma Hayek waxing poetic about a McFlurry — "The soft swirl of vanilla and the hard crunch of candy and cookies" — is weirdly and wonderfully sensual.

"Black Mirror," San Junipero *(Netflix)*

If there's only one episode of "Black Mirror" that you watch, let it be this one. It's emotional, romantic, sexy and optimistic, a rare feat for both an episode of "Black Mirror" and for much of television these days. A nightclub encounter between two young women in a 1980s paradise goes to unexpected heights. There's love! And hope! And ah-may-zing performances from Gugu Mbatha-Raw and Mackenzie Davis. It's, dare we say it, a truly beautiful episode of television.

LOVE
Re-Elect
BEST BUY ROOFING
PUSH# 215-288-1100
Best Prices
#1 ROOFER IN PHILADELPHIA
215-288-1100
Email: BestBuyRoofing4u@yahoo.com
www.bestbuyroofing.net
$200 off Any New Roof $50 off any Repair

Protect Yourself
GUARANTEED ONE FLAT RATE ON ANY NEW RE-ROOF!
Secure your Future

AFFORDABLE ROOFING
FREE Estimates
Licensed & Insured
No Catch 22 Contracts. One Price Start To Finish!
All Types of Roofing
24 Hour Emergency Service
215-634-8800
PA License 0966666
Financing Available • Insurance Claims • www.StopLeaksFast.com

CIVIL RIGHTS LAW
WRONGFUL DEATH • POLICE BRUTALITY • FREE SPEECH • ILLEGAL SEARCH
PROPERTY RIGHTS • RACE, SEX AND RELIGIOUS DISCRIMINATION
J. Michael Considine, Jr., P.C.
1845 Walnut St., Suite 1300 • Philadelphia
MANY VICTORIES • 34 YEARS EXPERIENCE
215-564-4000

Adams Carpet Center
Free Shop At Home
call now! 215-425-9700
FREE INSTALLATION
UP TO 360 SQ. FT.
Level Loop Stain Resistance
3 Rooms Of Carpet
$488
AT ONE LOW PRICES!
Adams Carpet Center
Family owned and operated since 1970, 3rd generation
Nylon Plush
$588
(Up to 360 Sq. Ft.)
10 Year Wear Warranty
10 Year Stain Resistance
100% Smart Strand BCF
$688
(Up to 360 Sq. Ft.)
Lifetime Stain & Soil Warranty
20 Year Wear Warranty and Resistance
48 HR. INSTALLATION AVAILABLE
IN STORE ONLY
REMNANTS SALE
CARPET ONLY
12x9-$69+up/12x12-$99+up
12x15-$119+up/12x18-$139+up
BENSALEM
2066 STREET RD., BENSALEM PLAZA
215-245-4400
HOURS: Mon., Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm; Sun. 12pm-4pm
KENSINGTON
2850 EMERALD ST.
(1 BLOCK WEST OF FRANKFORD)
215-425-9700
HOURS: Mon. - Sat. 9am-5pm
ROXBOROUGH
6604 RIDGE AVENUE
215-482-3400
HOURS: Mon. - Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm, Sun. 11am-3pm
FINANCING AVAILABLE • NO INTEREST FOR 6 MONTHS
www.adamscarpetcenter.com

Are you ready for 'a really sexy Mary Poppins'?

A spoonful of sugar is just the beginning.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Pretty and provocative in every way. ALL PHOTOS DISNEY

The first few glimpses of Emily Blunt as Mary Poppins in the hugely anticipated "Mary Poppins Returns" (scheduled to be released at Christmas) have already suggested that the English actress is the perfect heir to the role made famous by Julie Andrews in 1964 Sparkling blue eyes? Check Saucy red lipstick? Uh-huh. But there's an emphasis on the sauce and sparkle that sets this film apart from its predecessor.

The story of a grown Jane (Emily Mortimer) and Michael Banks (Ben Whishaw) reunited with their singing and dancing nanny is sure to appeal to audiences both old and new, but Metro asked Mortimer to give us the dish to tide us over.

"Emily Blunt is f—g brilliant as Mary Poppins, that is all I can say," Mortimer said. "And really sexy. I think she's going to be a really sexy Mary Poppins."

After she made those remarks, I told Mortimer that quote needed to be on every single poster for "Mary Poppins Returns," and she approved.

Mortimer clearly appreciated being given the chance to stroll down Cherry Tree Lane and work on "Mary Poppins Returns," as she also discussed the great "privilege" of being cast in the film, which she insists is gloriously hopeful and wonderful.

"It felt like a real — I don't want to sound too gushy — but it felt like a great privilege to be part of it. Rob Marshall, who directed it, did so with such care and love and hope, and a lack of cynicism."

"He was just wanting to make the best version possible of this story. I found his attitude to the whole thing incredibly moving. His whole modus operandi is about putting on a show and making something entertaining, and showcasing the power of entertainment."

"And he's done it! I think it's really wonderful and it feels like an antidote to something."

It's just too bad we have to wait until December to realize just how naughty or nice this nanny turns out to be.

BILL'S
DISCOUNT CARPET FLOORING AND REMODELING
Your Mobile Carpet Showroom
Locally Owned and Operated
Serving PA, NJ and DE for Over 25 Years
CALL ANYTIME
1.856.264.1079
Lic. #NJ13VH08091600 #PA10882

Shop Us First, Shop Us Last, It Doesn't Matter
We Will Beat Anybody's Estimate
We Also Install & Refinish Hardwood Floors!

3 ROOMS $498* Plush or Sculptured Carpet | 8lb. pad, installation. 40 Square Yards
3 ROOMS $598* Super Plush Carpet | 8lb. pad, installation. 40 Square Yards
3 ROOMS $698* Heavyweight Plush Carpet | 8lb. pad, installation. 40 Square Yards

ALL CONSTRUCTION WORK AND PAINTING!

Free Shop At Home!
FREE ESTIMATES!
Save up to 1/2 OFF Retail Store Pricing.
WINTER DEAL! EXTRA 15% OFF EVERY ORDER

Complete Bathrooms starting at $1895
Complete Kitchens starting at $3595
Sale on Wood, Laminate and Vinyl Flooring!
Next Day Installation Available!

3 ROOMS OF CARPET $398*
*Up to 40 Sq. Yds 10% Senior Citizens Discount PA10882

FREE SHOP AT HOME!

SUBOXONE
and Vivitrol Programs
GET YOUR LIFE BACK FROM OPIATES
FREE TREATMENT & MEDICATION
Provided by Many Insurances
For more information/to make an appointment call
Greater Northeast Medical Group
215-464-6104
10890 Bustleton Ave, Ste 103, Philadelphia, PA 19116
www.facebook.com/GNEMG

COUPON
RADIATOR COVERS

COVER THAT UGLY RADIATOR...
FREE ESTIMATES, DELIVERY, INSTALLATION.
$10.00 OFF WITH THIS AD
EXPIRES 12-31-18.
The Best in the Business Since 1945
BORNMANN MANUFACTURING CO. INC.
3731 Old York Rd., Phila. Pa 19140 • www.customradiatorcovers.com
215-228-5826

Mad Rex hosts beer launch party

The postapocalyptic restaurant expands into the beer business.

JENNIFER LOGUE
jennifer.logue@metro.us

If you're looking for something fun to do the day after Valentine's Day, head over to Mad Rex on Thursday for its Mad Rex IPA Launch Party from 7 p.m. to 10 p.m.

Free to enter (but 21+), attendees will enjoy free samples, $4 Mad Rex IPA drafts, DJ entertainment, a beer pong tournament, prizes, free appetizers and more.

The Mad Rex IPA is a collaboration with Blueprint Brewing Co. out of Harleysville and Mad Rex, and the IPA is only the first signature beer to be launched.

Up until now, you could order the Mad Rex IPA at the bar, but now,you'll be able to buy the beer at other bars in the area, as well as bottle shops, beginning March 22.

For those curious about taking a tour of Blueprint Brewery, you don't need to leave Mad Rex, as the tour will be available in the ultracool virtual-reality lounge.

If you go

Mad Rex IPA Launch Party
Thursday, Feb. 15
7 p.m. to 10 p.m.
Free to enter, 21+

Mad Rex
1000 Frankford Ave.
themadrex.com

ALL PHOTOS PROVIDED

TOP PRICES PAID
FOR YOUR RECORDS (33S, 45S), CDS
NO COLLECTION TOO SMALL OR LARGE
WE BUY EVERYTHING
CALL JON AT
215-805-8001
OR E-MAIL BWSMUSIC@HOTMAIL.COM

RESPECTABLE ROOFING
Where Respect Matters!
Specializing in energy efficient white roofs.
50 Year shingle roofs available. • Fully licensed and insured
FREE ESTIMATES
$50 OFF ANY ROOF REPAIR Cannot be combined with any other offer. Expires February 28, 2018
$200 OFF ANY NEW ROOF Cannot be combined with any other offer. Expires February 28, 2018
WE NOW OFFER New Rubber Roofs Starting as low as *$68.00 PER MONTH
*Financing based on credit approval.
215-681-0409
HIC# PA098215

Congrats Eagles!
We're #1!
DON'T LET THE BEDBUGS
BITE TONIGHT

Professional Pest Control Service
Fully Licensed & Insured
Trained Experts
Bedbugs are on the rise.
Call and ask about our service.
BEST EXTERMINATING
Professional Termite and Pest Control
SATISFACTION GUARANTEED.
Call the Best for Your Pest!
215-224-6054

INJURED IN A CAR ACCIDENT?
• We Fight, YOU Win! • No Fee Until You Get Paid
• Home & Hospital Visits

The Saul Law Firm
Bentley Saul, Esquire, Managing Attorney
1313 Race St, Phila, PA 19107
(215) 496-1100 and (215) 480-3200

Where to eat Valentine's Day Dinner in Philly

From steakhouses to Southern-inspired delights, you've got plenty of Valentine's Day options.

JENNIFER LOGUE
jennifer.logue@metro.us

Try the fried half chicken and caviar from Rex1516 for Valentine's Day dinner. ALL PHOTOS PROVIDED

No idea where to eat Valentine's Day dinner in Philadelphia this year? Not a problem! Whether you're looking for the lush backdrop of a high-end steakhouse or the cozy comfort of Southern cuisine, the City of Brotherly Love has plenty of options for you to choose from. Here are a few ideas.

Ocean Prime
124 S. 15th St.
ocean-prime.com

If your significant other is an Eagles fan, Ocean Prime is sure to be a hit for Valentine's Day because it seems to be popular with the players. On Valentine's Day, the seafood and steakhouse will be serving up specialty items like filet mignon with lobster scampi and asparagus ($58) and Florida grouper, PEI mussels, fennel, fingerling potato and pernod citrus broth ($46) for entrees and a strawberry butter cake with vanilla ice cream for dessert ($12). To sip, try the blueberry crush cocktail ($13) with Buffalo trace bourbon, lemon juice, simple syrup and club soda.

Urban Farmer
1850 Benjamin Franklin Parkway
urbanfarmerphiladelphia.com

Planning on a Valentine's Day strolling Philly's many museums on the parkway? Stop for a romantic dinner at Urban Farmer and enjoy Valentine's Day specials like shellfish bisque with black truffle cracker and whipped crème fraiche ($14) as a starter, prime beef Wellington with mushroom duxelle and foie gras bordelaise ($60) and king crab legs served with black river osetra caviar butter ($38) as entrees and espresso affogato with caramel crème brûlée ($12) for dessert. There are even special cocktails ,including the shared Purple Heart cocktail, made with Hendrick's gin, hibiscus, lemon and prosecco split.

Jet Wine Bar
1525 South St.
jetwinebar.com

Wine is always a good idea for Valentine's Day and Jet Wine Bar on South Street has an international selection of vino for even the most seasoned palate. On Valentine's Day, specials include sea scallops with a grapefruit gastrique and bacon ($12), lamb sliders topped with a pomegranate glaze and spicy slaw ($13) and a charcuterie and artisanal cheese plate, chef's choice ($15). Of course, all of the above options go perfectly with wine and you can sample in a flight of three for only $14 to celebrate the day of love.

You love steak but your significant other loves seafood? Go to Ocean Prime!

Rex1516
1516 South St.
rex1516.com

Looking for some Southern comfort food? Rex1516 on South Street not only has a cozy, romantic atmosphere (with exposed brick and candlelight), the Valentine's Day dinner menu by Chef Justin Swain has swoon-worthy specials. To start, there's a crawfish arancini ($8) and celery root soup with smoked maitakes, crispy celery root and apples ($10). For entrees, there's a salmon with a collard pesto and hoppin' john ($23) and fried half chicken and caviar served with chive biscuits, Alabama white bbq sauce, cucumbers, paddlefish and tobiko caviars ($50). Save room for the triple chocolate cake ($9) for dessert, though!

HEALTHY FEMALE VOLUNTEERS

Persons depicted are models being used for illustration purposes only

ELIGIBLE VOLUNTEERS MAY BE COMPENSATED
FROM $500 TO $8,000 FOR TIME AND TRAVEL

Join our database and contribute to Medical Research with Biotrial!

Healthy volunteers provide researchers with important information for comparison with people who have specific illnesses. People with no known significant health problems are often given the same tests, procedures, or study drugs as patient volunteers so that researchers can compare results and make new discoveries.

Are you at least 18 years old?
Must be females with non-child bearing potential

NEED MORE INFO?
Call recruitment at
844-246-8459

NO TIME TO TALK?
Email: recruitment@biotrial.com
or register online at biotrial.us

- Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.
- Our Clinical Unit is only 6 minutes from Newark Penn Station and approximately 30 minutes from NY Penn station.

BIOTRIAL

BROADVIEW KITCHEN & BATH
HOME DISCOUNT CENTER

Granite COUNTERTOPS installed
$39.00 per sq ft.

PROVIDING YOU WITH THE BEST QUALITY AND THE BEST PRICES

10% OFF
WITH THIS AD
Excludes windows, installation, starter set, granite, moulding and cabinets.

60" Starter Kitchen Set
SB60, W6030, Sink, Countertop
Starting at $500
Available in Oak, Cherry, and White

QUARTER ROUND MOULDING
$0.36 PER FOOT

Check Out Our Year Round Specials!
Double Hung STOCK WINDOWS
Up to 92 United Inch
$120.00

Standard window and Installation
Includes LOE and Argon Gas
$225.00
(min. qty apply)

6330 N Broad Street, • Philadelphia, PA 19141
HOURS: Monday - Friday - 8am - 6pm
Saturday - 8am - 5pm

215-548-5060
www.broadviewkb.com

Treat yourself on Valentine's Day with these epic meals for one

No date? No problem.

KATE MOONEY
kate.mooney@metro.us

A certain holiday has arrived, one that is certain to make lonely hearts all across the world lament their single status. Here's an idea: Don't fall for it. So what if you don't have a hot date? Why not stay home and do something nice for yourself, by yourself? Here are a few epic and easy solo meal ideas to make tonight that will make you feel like the king or queen of your own heart.

Saved by chocolate.

For dessert: Easy chocolate pudding

To satisfy your sweet tooth without the headache of baking (and all the damn dishes that follow), Serious Eats has an easy 20-minute chocolate pudding recipe that will do the trick. Whisk cornstarch, cocoa powder, salt and sugar in a saucepan over medium heat, bringing to a low boil, until thickened. Remove from heat and stir in 4 ounces of melted dark chocolate and 2 tablespoons of vanilla. That's it. Dude, you're winning. Find the recipe at **seriouseats.com.**

It's a heart-shaped steak!
ALL PHOTOS ISTOCK

Cook yourself a steak

A juicy steak, seared just right, certainly has a way of marking an occasion. Make it medium rare: rough on the outside, still tender on the inside, just like you. Bon Appetit has a recipe for an easy steak with pan sauce. Fire up a cast-iron pan over medium heat and cook a well-seasoned steak (cut of your choice) in oil for 5 minutes on each side, until a nice crust forms. Remove the meat and add butter, garlic, shallots, mustard, Worcestershire and a sprig of thyme to the pan drippings for the perfect flavorful and no-fuss sauce. Enjoy with red wine and a side salad, or go the steak frites route and fire up some potatoes (seriously, a bag of frozen crinkle-cut fries will do just fine). Find the recipe at **bonappetit.com.**

You deserve nachos.

Indulge in nachos

I don't know about you, but nachos are in my top five for delicious comfort foods. They're a crunchy, carb-filled indulgence that can be as fresh and healthy as you want, depending on the toppings you choose. Smitten Kitchen has a corn-and-black-bean nacho recipe that hits the spot. Fill a baking sheet with tortilla chips topped with corn and poblanos (charred over a gas flame), black beans, monterey jack and cheddar cheese. Bake at 400 degrees for about 15 minutes, then remove from the heat and top with all kinds of goodies — sliced avocado, jalapenos, radishes, cilantro, shredded lettuce, diced tomatoes and ,of course, plenty of hot sauce. Find the recipe at **smittenkitchen.com.**

home

Boil a lobster feast for one

Just because you're home and alone doesn't mean you shouldn't go all out. A lobster feast for one is the ultimate power move for the super single. (Vegetarians, you might want to stop reading now.) Feast your eyes on the crustacean of your dreams and then, well, kill him to your liking. Bring a pot of salted water to a boil and then add your dude until he turns nicely rouged, about eight minutes a pound. Then go to town on 'im with melted butter. If you're so inclined, enjoy with a side of boiled corn and mashed potatoes. Find any recipe online.

Let the past die. Kill it if you have to.

PERMA SEAL
State & City Lic #36495
WE'LL BEAT ANY PRICE!
Certified & Insured
215-947-3939
Celebrating Over 25 Years of Excellent Service
Installation Available
Windows
• Vinyl Tilt In $99
• Bow & Bay $399
• Glass Block $99
Doors
• Insulated Steel Entry $339
• Steel Security $339
• Garage $339
Siding
• Warmer in winter, cooler in summer $339
And More
• Window Guards • Railings • Fencing
• Kitchens • Baths • Roofing • Gutters
• Downspouts • Capping • Soffit • Awnings
FEDERAL GOV'T LOANS • EASY PAYMENTS
• NO MONEY DOWN FINANCING AVAILABLE

STORAGE KING USA SELF STORAGE
NOTICE OF PUBLIC AUCTION
Notice is hereby given that Storage King USA will sell the contents of the storage units listed below at a public auction to satisfy a lien placed on the contents (pursuant to 73 PS). The sales will take place on 02/15/2018. The sale will be conducted on premises by Auction America NJ, under the guidance of George Hurtuk (license #PA31567) on behalf of the facilities management. Contents will be sold cash only to the highest bidder. A 10% buyer's premium will be charged as well as a cleaning deposit per unit. All sales are final. Seller reserves the right to withdraw the property at any time before the sale or to refuse any bids. The property to be sold is described as "general household items" unless otherwise noted.
Unit #1032 Tomirra S. Martin • Unit #1114 Rochelle P Jones B
Unit #1201 Bennie Ruth • Unit #2056 Michelle Gales • Unit #2022 Elena Martinez
Unit #2126 Chekena Edwards-Gift • Unit #2177 Brasby Jacques (Jacques Brasby)
Unit #2286 Laneen Philpot.

ARE YOU FEELING OVERWHELMED BY DEBT?
STOP
Bankruptcy May Be the Right Choice for You!
CALL JAMES W. LAYNE, ESQ.
Davis, Parry & Tyler, P.C.
215-732-3755 • www.pacreditanddebtlawyer.com
Davis, Parry & Tyler, P.C., is designated as a debt relief agency and helps individuals file for debt relief under the Bankruptcy Code.

three cities, one solution
new york • philadelphia • boston
to advertise, contact (215) 717-2695 or adsphilly@metro.us
metro media
media.metro.us

LOCAL HANDY MAN
From Punch List to Home Reno's
267-240-4422 • Call Jim for a free Estimate
LocalHandyManjim22@gmail.com
10% OFF FOR SENIORS

City Line Hotel – 4444 City Line Ave, Phila
(across from Chili's)
Special Full Stay: $57.95 +tax
Sunday thru Thursday
Call Now: 215-878-3100
~Good only with this coupon~

Pitchers and catchers report to Clearwater Wednesday, with position players reporting next weekw. GETTY IMAGES

Spring training: Phillies pitchers and catchers report

Aaron Nola and Jerad Eickhoff will likely be the Phillies' top two starters this season.

JEFF MCMENAMIN
@Jeff_McMenamin
sports@metro.us

The Eagles' Super Bowl victory has been infectious for the other major sports teams in Philadelphia.

Both the Sixers and Flyers have gone a perfect 4-0 since the organization lifted its first Lombardi Trophy in team history last week.

The green fever that has been surrounding the city for the past month may very well turn to a sea of red, as pitchers and catchers report to spring training on Wednesday for the start of the 2018 campaign for the Phillies.

Not too long ago, the Phillies were the talk of the city. With a pitching rotation that featured the likes of Roy Halladay, Cole Hamels, Cliff Lee and Roy Oswalt, the Phillies were one of the most dominant organizations in baseball. Missed opportunities and aging stars led to the team's demise for several years, but a young and talented roster is destined to take a step forward in 2018 and start filling Citizens Bank Park once again.

Here are the top five pitchers and catchers to look out for as spring training gets underway.

Aaron Nola, SP

Aaron Nola is going into the 2018 season healthy and that's huge news for the Phillies. The oft-injured ace dealt with some nagging elbow and back injuries which sidelined the right-hander for much of his early career. But, if his finish last season is any indication, fans are in for a treat when he takes the mound this year. In his final four starts, Nola went 2-1 with an ERA of 2.51 and he averaged 9.0 strikeouts per content over that span. This type of production will win the Phillies a lot of games and the Phillies will go as far as Nola can take them. He's even listed by MLB.com's Richard Justice as a "dark horse" candidate to win Cy Young for the National League.

For more on Phillies spring training visit **metro.us**

Jorge Alfaro, C

Just 29 games is a small sample size for any player. That's as much of a look as Phillies fans got from catcher Jorge Alfaro in 2017. Spring training this year will be crucial for the development of Alfaro, who has shown flashes of the power he can bring to the plate as a hitter. Alfaro registered five home runs and 14 RBI, while batting .318 for the Phillies last season. His slugging average of .514 ranked third on the team behind only Rhys Hoskins (.618) and Aaron Altherr (.516). But, with the Lehigh Valley Iron Pigs, he struggled at the plate hitting just .241 in 84 games. He'll look to find consistency at the plate this season to breathe new life into the Phillies offense.

Jerad Eickhoff, SP

Going by wins and losses, starting pitcher Jerad Eickhoff had quite a rough year in 2017. The right-hander finished the year 4-8 with an ERA of just 4.71. He also missed the final month of the season due to nerve irritation in his right hand. Despite all of this, he'll go into the 2018 as the projected No. 2 starter in the pitching rotation. In 2016, Eickhoff showed more than just potential, finishing the season 11-14 with a team best 3.65 ERA and 167 strikeouts. The Phillies are hoping the 2018 version of Eickhoff is a healthier and smarter version, and one who can grab hold of his past success and run with it. His curveball and slider have shown to be very effective, but in order to regain that type of success he'll need an improved fastball in 2018.

Cameron Rupp, C

The Phillies didn't sign catcher Cameron Rupp to a $2.05 million deal in the offseason to sit on the bench. He's expected to share duties with Alfaro when spring training gets underway. He batted just .217 last season, but showed some power with 14 home runs. If Alfaro struggles in the early going, Rupp might be more than just a part-time option for the Phillies behind the plate.

Hector Neris, closer

Hector Neris may have just been the most promising player on the Phillies' pitching staff in the 2017 season. The right-handed closer was dominant to close out the season, registering 16 saves, two wins and just one loss in 28 appearances from July 29 to September 30. The problem is, the Phillies need to get to him first. They ranked 23rd in the league with a -92 run differential in 2017.

Eagles Super Bowl win has inspired Sixers

Winning is contagious.

Joel Embiid traveled to Minneapolis (with Sixers teammate Justin Anderson) a week an a half ago to watch the Eagles compete for their first ever Super Bowl title.

He saw them win in person. His Sixers haven't lost since.

Sixers players, not used to a winning culture as part of "The Process" and it's painful rebuilding, watched the entire city come together — more than one million strong — for a massive and festive victory parade. The march down Broad Street came in the middle of their current four-game win streak. The Flyers also won their first four games after the Lombardi Trophy came to Philadelphia. Clearly, there is a connection.

"The Eagles winning and a city with an unbelievable atmosphere helps," Dario Saric, who scored 24 points to lead all Sixers in Monday's win against New York, said. "When I eat or go into a shop, I can tell the atmosphere is different. Philly has the best fans in all of America. We have Joel, we have Ben [Simmons], we have a bunch of guys who are ready to play good basketball."

So good, in fact, that the Sixers (not counting a technical home game loss in London) have not lost a game at the Wells Fargo Center since Dec. 21.

"I think that it means that all of us, we're heading in the right direction and we're not getting too far ahead of ourselves," head coach Brett Brown said after tallying a career high 29th win. "I think that we're trending in the right way, I think that for [recently bought out free agent] Marco Belinelli to have a choice of several really good programs, several really good teams and he chose us. It's a statement to the guys in that locker room. It's a reflection of where our program is heading and how it's viewed in the marketplace. But to come up with that number of wins at home, really all it means to me is that we're starting to move in a direction that I'm proud of."

The Sixers host Miami Wednesday, their final game before the All-Star Break. Currently in the standings, Philly holds the seventh seed but are just a game and a half out of the fourth seed and two and a half behind the Cavaliers for the third seed. Beating teams like the Heat, also mired in the compact fight for playoff positioning, will be hugely important for Philadelphia.

"We have one more to go, and that one is very important for us," Saric said. "I think it's the most important game of the season to everybody. We need a good day tomorrow and be ready for Miami. We played two weeks ago against them, and just need to be ready to win the game."

A potential five-game win streak before the break sounds pretty good to Embiid.

"Coach tells us the league is always looking for a break before the All-Star Game, and we are taking advantage of it," the All-Star starter said. "We are winning every game before it, but we have one more. It will put us in a great position for the playoff race."

EVAN MACY

The Sixers are among the Eagles biggest fans this season. GETTY IMAGES

• GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES • CHARGE-OFF'S • GOOD CREDIT

YOUR JOB IS YOUR CREDIT AT...

FM FAIRLESS MOTORS

$0 DOWN!*

In business for over 30 years. We will NOT be undersold!

We Buy Clean, Used Cars

2008 DODGE RAM 1500 QUAD CAB $62/Week
2011 BMW X5 4WD $73/Week
2010 GMC DENALI XL $88/Week
2009 CADILLAC ESCALADE LUXURY $91/Week
2011 GMC SIERRA 1500 SLE EXT CAB 4X4 $72/Week
2017 NISSAN ARMADA SV $129/Week
2015 DODGE CHARGER SE $61/Week
2012 SUBARU IMPREZA WRX $79/Week
2014 CADILLAC CTS $69/Week
2010 CADILLAC ESCALADE EXT $82/Week
2015 CHEVY TRAVERSE LS $57/Week
2013 HONDA CRV 4WD $61/Week
2017 CHEVY IMPALA LT $65/Week
2014 AUDI Q7 $110/Week
2013 LEXUS ES 350 $72/Week
2014 HONDA ACCORD $59/Week
2014 BMW 535i $107/Week
2016 NISSAN MAXIMA $94/Week
2015 NISSAN ROGUE SV $67/Week
2015 VW PASSAT WOLFSBURG EDITION $47/Week

ALL VEHICLES FAIRLESS MOTORS CERTIFIED

1-888-251-4312

Special incentives for SEPTA, hospital, military, and postal workers! Used Car Leasing Now Available.

PAYMENTS AS LOW AS $99.00 PER MONTH!*

$500 OFF WITH THIS AD! NO GIMMICKS!

435 LINCOLN HWY, FAIRLESS HILLS, PA

24 HOUR HOTLINE: 1-800-205-0068 • www.FairlessMotors.com

*$0 down and monthly payments of $99 on select vehicles. Monthly payments reflect 2.99% APR for 72 months with $2000 down. Tax, tags and fees extra.

• CHARGE-OFF'S • GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES •

Why aren't Sixers' stellar stats turning into more wins?

Whenever Joel Embiid is on the floor for the Sixers, they're probably winning.

EVAN MACY
@evan_macy
evan.macy@metro.us

In the NBA stats don't count for much.

Regardless of how much a team scores, rebounds or assists it is win loss record that — of course — determines how far a team goes in any given season.

The Sixers offer a curious case study in stats.

At 29-25 this season, they appear to be slated for a playoff spot. And in the trenches of the Eastern Conference, they could wind up finishing anywhere between No. 4 and No. 8.

But take away the win loss record and look at the team's production.

Philadelphia gets more rebounds per game than any other NBA team. They have the third most assists and score the seventh most points. And on defense they have a top 10 point differential while sporting some long-armed defensive juggernauts and the fourth best team defensive rating. And they did all of this while playing the NBA's toughest first half schedule.

"Taking control of the game is what we've been doing," Joel Embiid said of the team's current win streak. "We have been taking those leads and keeping them. You want to win home games."

Philadelphia has an All-Star starter (Embiid), a borderline (should be) All-Star reserve (Ben Simmons) and a youthful roster with budding role players (Dario Saric, T.J. McConnell, Robert Covington). Heck, the No. 1 overall pick from last draft Markelle Fultz really hasn't even played yet (that's another story entirely). And yet, they are just 29-25 and in the seventh playoff spot.

Their current play has been changing the narrative, but the team has underachieved.

Philly turns the ball over more than any other NBA team — more than 15 percent of the time they have the ball. They have the worst bench in the NBA, with every single non-starter on the team sporting a negative plus-minus (Embiid leads the team at plus-314, the 10th best in the NBA) and the fifth fewest points from bench players. They also have notoriously blown more than their fair share of big leads this season.

The Sixers are among the hottest teams in the NBA right now. GETTY IMAGES

Monday night against the Knicks, a 108-92 win to stretch the current win streak to four games, is a perfect example of the Sixers' reliance on Embiid. Playing just 13 minutes in the first half due to foul trouble, a 12-point lead evaporated to just two points after 12 minutes.

In the second half, Philly was able to break loose, building a sizable lead thanks in part to a monster night from T.J. McConnell, who off the bench tallied a triple double (10 points, 10 rebounds, 11 assists and six steals).

"It was amazing," Embiid said. "I'm happy for him and I'm glad that he did it. If we want to go where we want to, he'll be one of those reasons. He comes in and plays with great energy, he hypes the crowd up. Defensively, he was great and he moves the ball well."

Marco Belinelli, recently signed with the Sixers and expected to make his debut later this week, should help the Sixers off the bench on nights when McConnell isn't playing out of his mind for 37 minutes. But the numbers say the Sixers are playing well enough to be among the East's best teams. They just have to turn the positives into wins.

LEGAL & PROFESSIONAL SERVICES
To advertise call Susan Peiffer at 215-717-2695 or email susan.peiffer@metro.us

DISABILITY
• SSI
• SOCIAL SECURITY
WORKER'S COMPENSATION
215-592-1111
KAREN WEISBORD, ESQ. 30 YEARS EXP.

Medical Mistakes
Cerebral Palsy
Birth Injury
Amputations
Cancer Misdiagnosis
Surgery Mistakes
Hospital Death
Doctor-Lawyer on staff
Over $100 million
recovered as co-counsel
Law Offices of Tai Y. Wong
www.tymdjd.com
215·592·9750
Free Initial Consultation. No Recovery-No Fee
1101 Market Street, Aramark Tower Suite 2820, Philadelphia, PA 19107

AUTO & BUS INJURIES
SLIP & FALLS
Social Security/Disability
NO FEE UNTIL WE SETTLE
LICENSED IN PA & NJ
¡Hablamos Espanol!
Dennis A. Pomo
Attorney at Law
CALL
215-665-1900

SLIP AND FALLS
TRIP AND FALLS
Call For Any Fall Down Claims

FREE CONSULTATION
Office 215-496-1100
24/7 Emergency 215-480-3200
Saul Law Firm - 1313 Race St. Phila, PA 19107

INJURED AT WORK?
WE WILL FIGHT FOR YOU
• WORK INJURIES • SOCIAL SECURITY DISABILITY
• PERSONAL INJURY CLAIMS
FREE CONSULTATION
SE HABLA ESPANOL
ADAMS RENZI AR LAW

CHRISTY ADAMS, ATTORNEY
NICK RENZI, ATTORNEY
CENTER CITY • 1429 Walnut St.
NORTH PHILA. • 227 W. Lehigh Ave.
CALL US AT: 215-546-4208

CANCER
MEDICAL MALPRACTICE
DEFECTIVE PRODUCTS
Evaluations by Attorney named top 1% of attorneys nationwide, PA Super Lawyer, and Life-time member of Million Dollar Advocates Forum.

Millions of Dollars Recovered for Injured Clients
Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd.
No Recovery-No fee/Free Consultations Home/Hospital Visits
215-567-0493
Call or email us today
www.emmanuellawfirm.com

MEDICAL RESEARCH

To advertise call Jennifer Lydon at 215-717-2694
or email jennifer.lydon@metro.us

Penn Medicine
Center for Weight and Eating Disorders

Time to eat!

Volunteers needed for a study of meal timing and metabolism

Doctors at the Perelman School of Medicine of the University of Pennsylvania are studying the influence of the timing of eating on weight and metabolism.

We are seeking volunteers for a research study.
You may qualify to participate if you are:

- Overweight
- Between the ages of 21 and 50 years old
- Non-smoking
- Not working a night shift
- Not going to bed regularly after midnight or waking up regularly after 9:00 am
- Willing to eat food provided by the study for up to 16 weeks

Volunteers will be compensated for their participation.

For more information, contact Maddie
(215) 573-5502
mrugg@pennmedicine.upenn.edu

Atopic Dermatitis

Call it eczema' or ec'zema, which is associated with hay fever or asthma, there is still itching, scratching, redness, and scaling!

About this research study of an investigational medicine for atopic dermatitis:

- Adult 18 years or older
- Dermatologic examination and laboratory studies at no charge
- Study medication at no cost for this study of up to 9 weeks
- Travel expenses and volunteer fee for qualified subjects

Call: Paddington Testing Company, Inc.

215.563.7330

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

LEGAL & PROFESSIONAL SERVICES

To advertise call Susan Peiffer at 215-717-2695
or email susan.peiffer@metro.us

DIVORCE $155*

NO FAULT UNCONTESTED

No Court Appearance Needed
DIVORCE GUIDES

5 Months = $155*
3 Months = $275*
6 Weeks = $355*
*Plus $100 Court Filing Fee

215-854-6340
Aaron I. Rappeport, Esq. • 1515 Market Street Suite 1200 Philadelphia Pa
www.DivorceGuides.net

SLIP AND FALL

Our Law Firm handles all *FALL DOWN* Claims
Free Consultation 24/7
215-268-7800
1617 JFK Blvd., Suite 355 Philadelphia, PA 19103
SLIPANDFALLGUYS.COM

ITEMS WANTED

NEED CASH?

$ BUYING Diabetic Test Strips, Nicotine Patches/Gum PAYING up to $50/Box $

215-425-7897
DROP OFF 1802 EAST ALLEGHENY AVE (K&A)

SERVICES

CA$H PAID

FOR DIABETIC TEST STRIPS!
ABSOLUTE TOP VALUE
MOST BRANDS ACCEPTED
PAY UP TO $60 PER BOX
WE PICK UP
Call James 610-453-2525

$$CASH FOR DIABETIC STRIPS$$

267-888-1909

CASH TO YOUR FRONT DOOR
267-888-1909
50 AND 100 COUNT BOXES
PHILADELPHIA, MONTGOMERY, DELAWARE AND CHESTER
CAMDEN, NJ
267-888-1909

$$$ CASH PAID $$$

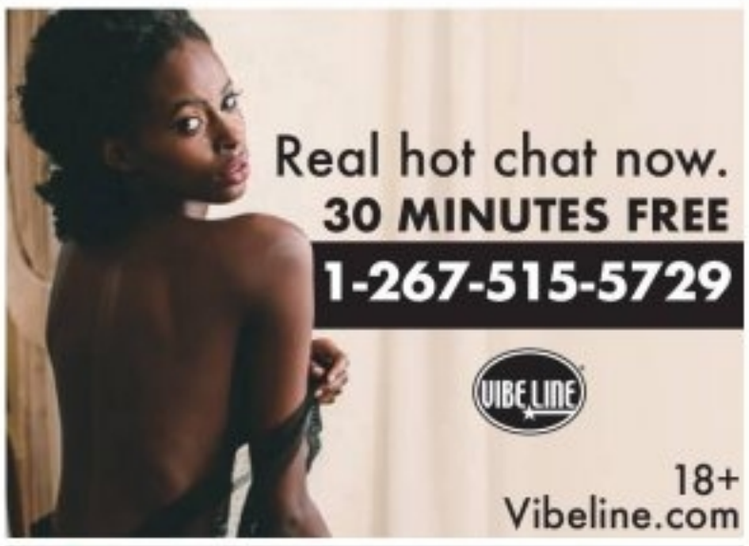
BUYING NICOTINE PATCHES / GUM
And LOZENGES
We Pickup
215-395-7100

metro CLASSIFIEDS
To place an ad call 866-900-9473

NO MONEY DOWN CABLE

Get an all-digital satellite system installed for free with 150 channels and programming starting at only $35/mo.
New callers get a FREE $200 Visa Gift Card.
SO CALL NOW 877-255-0353

ENTERTAINMENT



metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

LEGAL NOTICES

Advertisement for K is for Kitchen, Inc.
K is for Kitchen, Inc., a cooperative corporation, hereby gives notice that articles of incorporation, as amended and restated, having been filed with the Department of State of the Commonwealth of Pennsylvania, will be incorporated under the provisions of the Pennsylvania Business Corporation Law of 1988, as amended, as a for profit cooperative corporation. The purpose of the cooperative is to foster nutritional education and consultation, including meal preparation and cooking instruction, in the cooperative's local community.

JOBS

TTC TOTAL TRANSPORTATION CORP.

SCHOOL BUS DRIVERS
AND BUS ATTENDANTS WANTED

- Immediate Openings
- Competitive Wages
- Benefits Package
- Benefit Rate and Non-Benefit Rate
- Training Available to New Drivers
- Classes Forming Now
- $500 SIGN-ON BONUS FOR DRIVERS WITH CURRENT CREDENTIALS

Please Apply in Person
Monday through Friday
9:00am to 3:00pm

3101 Orthodox Street,
Philadelphia, PA 19137

215-383-0470

Paratransit Drivers Wanted

Requires knowledge of Philadelphia and surrounding areas.
Must be 23 yrs. of age or older and possess a valid PA driver's license for 3 yrs.
Must have a clean criminal and motor vehicle background and pass drug/alcohol screening.

Paid Training and Benefits.

Apply In Person or Go To: www.EdensTransit.com

Edens Transit

Call Edens Transit Monday-Friday

215-992-8000

DRIVER/PARATRANSIT
Abington, PA

Up to $14/HOUR

- Experience preferred or will train
- PA license • Good MVR
- At least 21 years old
- Location is accessible to public transportation

CALL
215-517-7938

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

Saunders House is Seeking a
COOKS & DINING SERVICE ASSOCIATES

Will be responsible for producing all food items for breakfast, lunch, and dinner production sheets.

High School Diploma Required & Be able to make or distribute food.

Please forward all resumes to JProvence@saundershouse.org or come to 100 E. Lancaster Avenue, Wynnewood, PA 19096

Barber Institute - Maintenance Personnel

Full Time and Part Time Maintenance personnel needed to assist in daily maintenance, upkeep and preventive work for Residential facilities throughout the Greater Philadelphia and surrounding areas. Requires experience with all facets of interior/exterior home repair. Will work at least 40 hours per week including the possibility of on-call emergency workloads. Qualifications include high school diploma or equivalent, valid driver's license, and eligibility for Acts 33/34 Clearances. Excellent employee benefit package. $13.00/hr. If you need an accommodation to apply, please contact **Human Resources at (215) 871-0731. EOE**

Send a resume to: QDevore@barberinstitute.org

Job Coach

Full and Part Time openings for a Job Coach, who provides onsite support and training to consumers in community integrated employment. The responsibilities for this position will include following through with the regularly scheduled activities, routines and rhythms for the job site. 11.50hr. + mileage. Days and Hours will vary depending upon the work schedule of the individual. High school diploma/ GED required. Prefer experience working with people with developmental disabilities. Valid driver's license, auto insurance, auto registration & access to reliable transportation is required.

Send resumes to **GALEWILLIAMS@barberinstitute.org**

CARS

Vehicles Wanted

WE BUY JUNK CARS!
Top dollar paid in CASH!
Free pickup!
Call: 609-851-2980 or 215-730-0900

WE BUY CARS & TRUCKS
(any condition)
$100--$5000
CASH PAID
FREE TOWING
SAME DAY PICKUP
267-229-1970

$$$ UP TO $1100.00 $$$
For Cars w/Bad Engines
w/ or w/out title
500.00 CASH $$$
For Any Junk Cars or Trucks
215-669-1000

REAL ESTATE

Real Estate for Sale

House For Sale
$549.14 a month
3 Bedrooms, Excellent condition
Nick's Real Estate
(215) 425-3500

City Line Hotel
Banquet Business For Sale Price:
$75K
Call Melius:
631-367-7450

Real Estate Wanted

WE BUY UGLY HOUSES.®
HOMEVESTORS®
AMERICA'S #1 HOME BUYER
1-800-301-3223

Rentals

UPPER DARBY! RENT SPECIALS!
APARTMENTS AVAILABLE NOW!
WE PAY YOUR HEAT!
1/2 Off 1st Month's Rent! • Studio, 1, and 2 Bedrooms
Cooking Gas Included.
$600-$850
NEWLY RENOVATED UNITS
PLEASE CALL: 610-734-2360

MISCELLANEOUS

WANTED!
People to study the Bible with
267-713-WORD
phillybiblestudy.org

metro CLASSIFIEDS
To place an ad call
866-900-9473
or visit us at
www.metro.us

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro CLASSIFIEDS To place an ad call 866-900-9473 or visit us at www.metro.us

metro.us/games

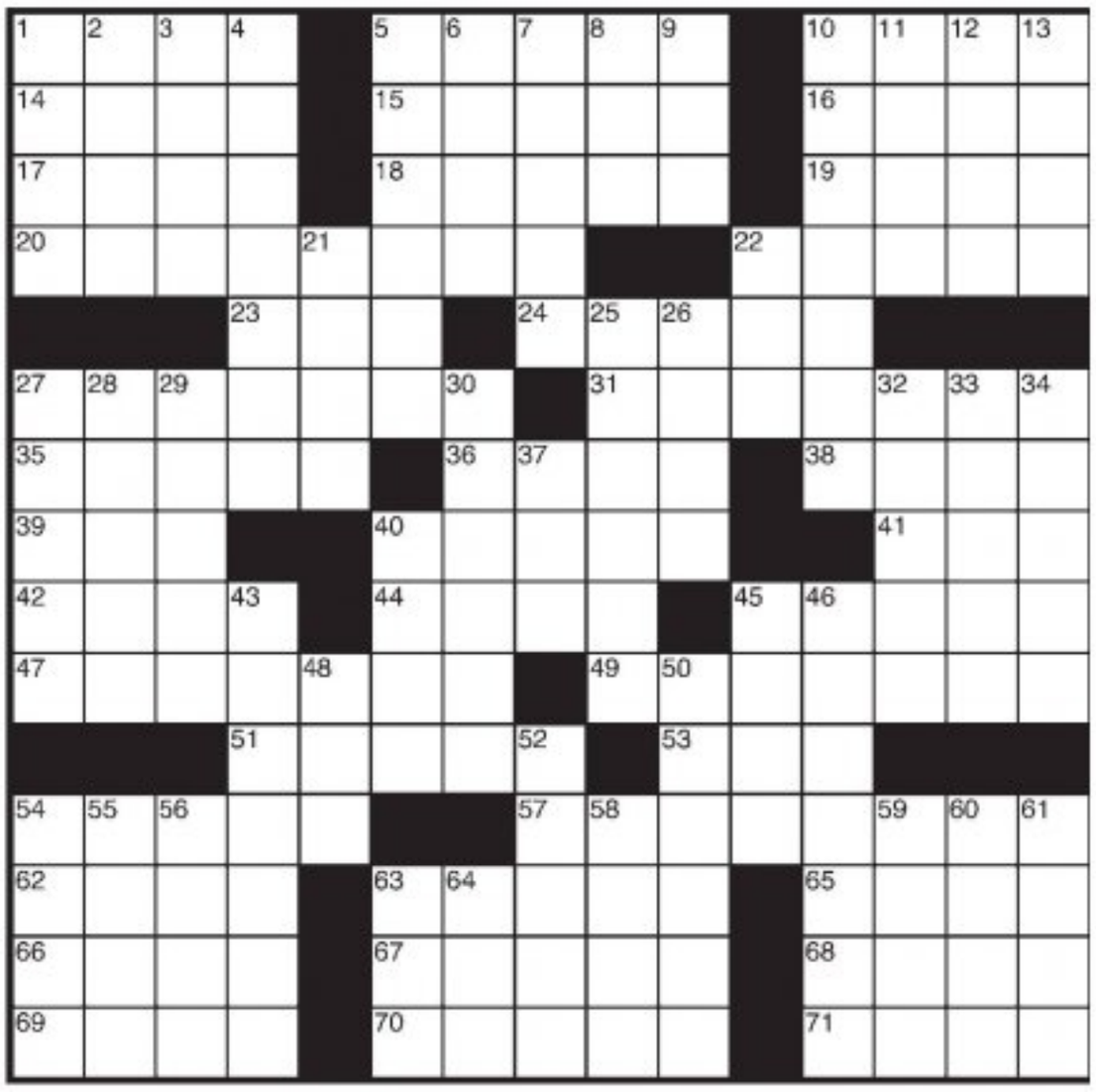
metro.us/crossword

Across

1 Looped tau cross
5 Please greatly
10 Accord
14 Barn topper
15 Lady fox
16 Stravinsky or Sikorsky
17 Scent
18 Leaves unmentioned
19 Grey of Western novels
20 Crushing defeat
22 Escapades
23 Hebrew letter after shin
24 Trivial
27 Discolored with spots or streaks
31 Undress
35 Neck annoyance
36 Exude moisture
38 Yours and mine
39 Mare's morsel
40 Flat-topped hills
41 Stockholm carrier
42 Gouge
44 Fix as lipstick
45 Terra- --
47 Open and aboveboard
49 Diplomat's post
51 Marshal's band
53 Response to a rodent
54 Aussie minerals
57 Unmatched
62 Sanskrit dialect
63 Red meat
65 Asian mountains
66 Collar style
67 Binchy of best-sellers
68 1492 vessel
69 Motor sound
70 Auto-racing family
71 Hold as an opinion

Down

1 Declare frankly
2 Zip
3 Put on a tie
4 Dissenter
5 Develop slowly
6 Airport vehicle
7 Self-evident truth
8 New Year in Hanoi
9 Space widths
10 Peru conqueror
11 Biology gel
12 Hit on the head
13 Very, to Yvette
21 Flagrant
22 Part of UCLA
25 Form a thought
26 Pinches off
27 Tea cake
28 Peculiarity
29 Gee follower
30 Resides
32 Kicks out
33 Sitters' banes
34 Dreaded assignment
37 Paul Anka's "– Beso"
40 CEO degrees
43 "Kim" novelist
45 Driver with a handle
46 Raiders' home
48 IBM and GE
50 More timid
52 Fencers' blades
54 Sheik's cartel
55 Hurricane track
56 Matty or Felipe
58 Icicle site
59 Wiesel or Ducommun
60 Rational
61 Where Anna met a king
63 The Mustangs
64 Pantyhose shade



metro.us/sudoku

easy

4			6	1		7		
	7		4					3
					7	1		2
5		8		7			3	
7								6
	3			8		4		7
3		2	7					
8					9		1	
		1		2	5			9

hard

	9						1	5
	8			9	5	4		
5				6		8		9
		4	6					
		5	3	7	8	1		
					9	5		
4		9		8				3
		1	9	3			4	
6	3						7	

metro.us/horoscopes

Aries Express interest in helping someone ambitious and who is heading in the same direction as you. If you invest financially in something, make sure it offers solid returns.

Taurus Emotions will surface if you are dealing with someone who is overbearing or abusive. Don't start arguments you can't win. Protect yourself against insult or injury.

Gemini Follow through with your plans. Stick to your budget. Take care of crucial matters and details personally. Don't promise the impossible or give in to unreasonable demands.

Cancer You'll be tempted by someone or something that is out of your price range. Don't be fooled by gimmicks or smooth talkers looking to make a sale. Do your research.

Leo Physical activity will ease stress and keep you out of trouble. Walk away from anyone playing emotional games with you or taking advantage of your kindness and generosity.

Virgo Look over contracts, settlements, and medications you are taking, and make notes that will help improve performance. Plan something special with someone you love.

Libra Share your ideas and collaborate with someone reliable. What you accomplish by participating in worthy causes will change the way you handle people and bad influences.

Scorpio You'll face opposition if you overreact. Expect a dramatic response from someone close to you if you overstep your bounds. Consider options before you make a decision.

Sagittarius A change in the way you handle your money will encourage a better lifestyle and daily routine. Make changes that encourage saving more and spending less.

Capricorn Keep busy. Don't allow yourself too much time to engage in arguments or get involved in something that will leave you in a vulnerable position.

Aquarius A high-energy approach to life will help you stay fit and feel good about the way you look and feel. Aim high when it comes to maintaining a healthy lifestyle.

Pisces Observation will give you a solid foundation to build a case. Take your time, gather the facts and prepare to present your findings.

EUGENIA LAST

Yesterday's answers

L	T	D	■	P	O	T	S	■	■	A	T	R	I	A
A	H	A	■	L	A	S	E	R	■	G	R	I	M	M
C	R	Y	■	I	R	E	N	E	■	R	A	S	P	Y
T	I	T	A	N	S	■	S	A	M	E	N	E	S	S
I	V	O	R	Y	■	B	U	L	G	E	S	■	■	■
C	E	N	T	■	Q	U	A	L	M	■	G	Y	R	O
■	■	■	G	L	U	M	L	Y	■	F	R	A	U	D
C	H	E	A	P	O	■	■	■	T	E	E	M	E	D
D	U	E	L	S	■	G	L	E	A	M	S	■	■	■
S	E	L	L	■	A	L	I	N	E	■	S	E	A	T
■	■	■	E	B	B	I	N	G	■	D	E	L	L	A
S	T	A	R	L	E	T	S	■	M	E	D	A	L	S
M	A	N	I	A	■	C	E	L	E	B	■	P	I	T
O	P	T	E	D	■	H	E	A	R	T	■	S	E	E
G	E	E	S	E	■	■	D	O	E	S	■	E	D	S

Can't wait until tomorrow to check your answers? Visit **metro.us**

metro

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro Philadelphia 30 S. 15th St., Philadelphia, PA 19102 • **main** 215-717-2600 • **to advertise** 215-717-2695 • **Press releases** pressrelease@metro.us • **Associate Publisher** Susan Peiffer• **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adsphilly@metro.us • **Chief Revenue Officer** Ed Abrams, Ed.Abrams@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Site Director** Linnea Zielinski, linnea.zielinski@metro.us • **Night Editor** Jason Nuckolls, jason.nuckolls@metro.us • **Art Director** Luis Matos, Luis.Matos@metro.us • **Sports Editor** Matt Burke, matthew.burke@metro.us • **Features Editor** Joshua Crouthamel, Joshua.Crouthamel@metro.us • **Entertainment/TV Editor** Matthew Juul, matthew.juul@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **Head of Production** Matt Prowell, matt.prowell@metro.us

Certified Audit CAC of Circulations

eye encounters
vision centers

FREE
GLASSES OR CONTACT LENSES*

OBAMA CARE
NOW ACCEPTED

WITH MOST OF THESE INSURANCES:

- City Workers
- VBA • NVA
- Police I Fireman's
- F.O.P. • Davis Vision
- Keystone First
- Bravo Health
- SEPTA employees
- Blue Cross I Blue Shield
- Aetna
- United Healthcare Community
- Optimum Health Vision
- All University of Penn Workers
- Superior Vision
- Health Partners
- Plus Most Other Insurances

2 PAIRS OF GLASSES FROM $79

*INCLUDES:
Complete Eye Exam
• Frames • Lenses

2 BOXES OF DISPOSABLE CONTACT LENSES FROM $129

*INCLUDES:
• Exam • Solution
• Contact Lens Fitting
• 2 Boxes of Contacts

Prada | Gucci | Ray Ban
Versace | Acuvue | Dolce & Gabbana
Kenneth Cole | Bausch & Lomb | Tom Ford

3810 Morrell Ave., Phila., PA 19114 • **215.632.6698**
2200 Wheatsheaf Lane, Phila., PA
(Next to Walmart) • **215.288.3333**
4002 Chestnut Street • **215.921.4871**
1925 Chestnut Street • **215.854.0441**
1325 Market Street • **267.514.4393**

VSP | Vision Benefits of America | DAVIS VISION THE EYECARE ADVANTAGE | NVA | EyeMed Vision Care | HealthPartners

EXAMS • GLASSES • CONTACTS • SUNGLASSES

*Co-pays may apply - *Cannot be combined with insurances

www.metro.us